

INFOdemicRx

INFOdemic?

TOO MUCH INFO ABOUT CORONAVIRUS CONFUSING YOU?

The Rx? 3 Simple Steps for Staying Informed:



1) FOCUS ON FACTS

Do not rely on friends' opinions, online theories, gossip, conflicting news stories, social media or political speeches. Not all information is accurate. YOUR HEALTH and LIFE depend on facts from trusted science and medical experts.



2) USE TWO TRUSTED SOURCES THAT WILL HAVE UP-TO-DATE INFO

Centers for Disease Control and Prevention
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>



World Health Organization



3) CHECK THREE TIMES DAILY

Situations change rapidly. Be aware of misinformation and disinformation. Check reliable sources 3x daily.



FACTS. TRUSTED SOURCES. 3 X DAILY.

INFOdemicRx is a public service of
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